

**CELEBRATING CONTINUITY - One Year On  
SATURDAY 8TH APRIL 2017**

**A ONE DAY CONFERENCE IN LEEDS**

Thackray Medical Museum, Beckett Street, LS9 7LN

**Key Speaker and workshop leaders:**

**BARONESS CUMBERLEGE** *Independent Chair of the 2016 National Maternity Review*

**Cate Langley** *Powys Midwives*

**Kathryn Gutteridge** *Consultant Midwife Clinical Lead for Low Risk Care*

**Mavis Kirkham** *Professor Emerita, Sheffield Hallam University*

**Bev Jervis** *One to One Midwives*

**CHAIR: SHEENA BYROM OBE:** *Midwife Consultant RCM Board Member*

**PROGRAMME**

09:00 – 9:30	<i>Registration and coffee</i>	
9:30	<b>Sheena Byrom</b>	Welcome and introduction by our chair for the day
9:40	<b>Baroness Julia Cumberlege</b>	Better Births – One year on
10:10	<b>Cate Langley</b>	Successes & Challenges - Continuity for a 1000 women a year in a rural area.
10:35	<b>Bev Jervis and Lucy Nuttall</b>	Successes & Challenges – Making it work on the ground in an urban area.
11:00	<b>Mary Armitage and Claire Harbottle</b>	Creative Partnership – How to make choice and continuity happen
11:15	<i>Tea &amp; Coffee break</i>	
11:40	<b>Workshops Session One</b>	
12:30	<i>Lunch</i>	
13:35	<b>Workshops Session Two</b>	
14:25	<b>Lisa Common</b>	Great Expectations: Context is Everything
14:50	<b>Helen Shallow</b>	Women’s Experience of Early Labour
15:15	<i>Tea &amp; Coffee break</i>	
15:40	<b>Panel Discussion</b>	
16:25 – 16:30	<b>Sheena Byrom</b>	Close and Pledges



Sandwell and West Birmingham Hospitals



## WORKSHOP SESSIONS

Everyone will be able to attend two workshops. You will need to select your workshops at registration.

### 1. Commissioning for Continuity and Family Centred Outcomes:

Led by Georgina Craig, National Director, The Experience Led Commissioning Programme. This workshop will explore how commissioning can create the right conditions for a more family centred maternity service – including continuity of care. Participants will contribute ‘messages from the frontline’ (women and midwives) to be fed back to commissioners and system leaders about what needs to change and improve so commissioning and system design better supports those working at the front line to provide continuity and family centred care and support.

### 2. Women’s voices:

Led by Cathy Brewster, Greater Manchester Homebirth Support Group. This workshop will use action methods to explore what women want and need in childbirth. A platform will be given to women to share their experience of continuity of care, or lack of it. What mattered to them, and why? Participants will then be given the opportunity to reflect on what they have heard, and they will be encouraged in the 'accept and build' approach to discover ways to make the needs of women and their families a reality.

### 3. Equipping Ourselves for Caseholding Midwifery:

Led by Mavis Kirkham, Professor Emerita, Sheffield Hallam University. This workshop will explore midwives’ education and support needs and how these can best be met so that continuity of midwifery care can be a sustainable reality. We will brainstorm on key issues and go on to discuss the educational, organisational and political changes needed to achieve our aims.

### 4. Making change happen

Led by Ruth Weston. A lot of us have experience of making change happen in our lives whether it be a personal issue ( eg at the children's school) or at work, a personal maternity issue or a strategic maternity issue. Here we have an opportunity to share skills and experience to make up a DIY change-making toolkit to take home for implementing Continuity in your world!

### 5. ‘How to’ tool kit

Led by Kathryn Gutteridge, Consultant Midwife, Sandwell and West Birmingham NHS Trust, home of Serenity and Halycon Birth Centres.

This session will look at useful ways of overcoming barriers and clearing the way for implementing family centered care within an organization. Using straightforward strategies and simple ideas that are tested to benefit women and their families.

#### Conference organised by a collaboration of:

Association for Improvements in the Maternity Services (AIMS), Association of Radical Midwives (ARM)  
Neighbourhood Midwives, One to One, Positive Birth Movement, RCM  
Sandwell and West Birmingham NHS Trust, home of Serenity and Halycon Birth Centres  
Accreditation Pending.



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NHS Trust